

GWERSI WYTHNOS B [WEEK B LESSONS]	DYDD LLUN [MONDAY] 18.11.2024	DYDD MAWRTH [TUESDAY] 19.11.2024	DYDD MERCHER [WEDNESDAY] 20.11.2024	DYDD IAU [THURSDAY] 21.11.2024	DYDD GWENER [FRIDAY] 22.11.2024
<p>CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD)</p> <p>LUNCH TIME PE DEPARTMENT CLUBS (GREEN)</p>	<p>YMARFER PEL-FASGED BL8+BL9 NEUADD CHWARAEON (Treineru) Hanner 1af AMSER CINIO</p> <p>YR8+YR9 BASKETBALL TRAINING SPORTS HALL (Trainers) 1st Half of LUNCH TIME STAFF: MR TUDUR + GETHIN BAYLISS</p>	<p>GÊM PÊL-DROED BL7 PENCOED (I FFWRDD) CAE AML-DYWYDD (Treineru) BWS 1 ffordd yn UNIG</p> <p>YEAR 7 FOOTBALL GAME vs PENCOED (AWAY) ASTROTURF (Trainers) 1-way BUS ONLY STAFF: MR BATTERICK</p>	<p>ALLDAITH AWYR AGORED STOREY ARMS – BL13 Gwasanaethau Cyhoeddus STOREY ARMS OUTDOOR EDUCATION EXPEDITION – YR13 Public Services STAFF: MR HUGHES</p>		
	<p>YMARFER PEL-FASGED BL7 NEUADD CHWARAEON (Treineru) 2ail Hanner AMSER CINIO</p> <p>YR7 BASKETBALL TRAINING SPORTS HALL (Trainers) 2nd Half of LUNCH TIME STAFF: MR HUGHES + GETHIN BAYLISS</p>	<p>GÊM HOCI BL7 BRYNTEG (ADREF) CAE AML-DYWYDD</p> <p>YEAR 7 HOCKEY GAME BRYNTEG (HOME) ASTROTURF PICTH STAFF: MISS JAMES</p>	<p>YMARFER HOCI CYFNODAU ALLWEDDOL 3 + 4 CAE AML-DYWYDD (Treineru)</p> <p>HOCKEY TRAINING Key Stages 3 + 4 ASTROTURF (Trainers) STAFF: MISS JAMES</p>	<p>Cystadleuaeth PÊL-RWYD YR URDD Cyrraedd ysgol erbyn 7.50am Gadael am 8.00am Dychwelyd erbyn tua 4.30pm (CAERDYDD - Talybont) TÎM BLWYDDYN 10/11</p> <p>URDD Netball Tournament Arrive at school by 7.50am Bus leaving at 8.00am Return to school by 4.30pm (CARDIFF - Talybont) YEAR 10/11 TEAM STAFF: MISS REYNOLDS</p>	<p>GWEITHGAREDDAU CLWB DYDD GWENER GWERS 6 (Cofiwch eich cit!)</p> <p>-----</p> <p>LESSON 6 FRIDAY CLUB ACTIVITIES (Remember your kit!)</p>
<p>GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN)</p> <p>EXTRA-CURRICULAR ACTIVITIES DURING THE DAY (YELLOW)</p>	<p>GÊM RYGBI BL7 BRYNTEG (I FFWRDD) Caeau Safle Ysgol Isaf BWS 1 ffordd yn UNIG</p> <p>YEAR 7 RUGBY GAME CCYD (AWAY) Lower School playing fields 1-way BUS ONLY STAFF: MR HUGHES</p>	<p>GÊM RYGBI BL8 PORTHCAWL (ADREF)</p> <p>YEAR 8 RUGBY GAME PORTHCAWL (HOME) STAFF: MR TUDUR</p>	<p>YMARFER PÊL-DROED BLWYDDYN 9 CAE GWAIR (ANGEN BWTS)</p> <p>YEAR 9 FOOTBALL TRAINING GRASS PITCH (BOOTS REQUIRED) STAFF: MISS FAHEY-PENNELL</p>	<p>YMARFER BADMINTON BL10 + BL11 TGAU Addysg Gorfforol NEUADD CHWARAEON</p> <p>BADMINTON PRACTICE YEAR 10 + YEAR 11 GCSE Physical Education SPORTS HALL STAFF: MISS REES</p>	
<p>CLYBIAU AR ÔL YSGOL (GWYN) 3.00pm</p> <p>-</p> <p>4.15pm AFTER SCHOOL CLUBS (WHITE)</p> <p>-----</p> <p>Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau.</p> <p>-----</p> <p>Information sheets to be handed out with specific details for games.</p> <p>-----</p>	<p>YMARFER PÊL-RWYD BL7 NEUADD CHWARAEON / GAMPFA</p> <p>YEAR 7 NETBALL TRAINING SPORTS HALL / GYMNASIUM STAFF: MISS REYNOLDS</p>	<p>GÊMAU PÊL-RWYD BL8 + BL9 PORTHCAWL (ADREF)</p> <p>YEAR 8 + YEAR 9 NETBALL GAMES vs PORTHCAWL (HOME) STAFF: MISS FAHEY-PENNELL</p>	<p>CYFARFODYDD STAFF DIM GEMAU CYSTADLEUOL</p> <p>-----</p> <p>STAFF MEETINGS NO COMPETITIVE GAMES</p>		
	<p>PÊL-DROED MERCHED Agored i bawb CAE AML-DYWYDD (Treineru)</p> <p>GIRLS ONLY FOOTBALL Open to everyone ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL</p>	<p>YMARFER RYGBI BLWYDDYN 9 + 10 CAE YSGOL (Angen Bwts) Paratoi ar gyfer gemau cwpan Y Gweilch sydd ar y gorwel</p> <p>YEAR 9+10 RUGBY TRAINING SCHOOL PITCH (Boots Required) Preparation for upcoming Ospreys Cup games</p> <p>STAFF: MR HUGHES + MR DAVIES</p>			

Ymarfer Pêl-Fasged Blwyddyn 7•8•9

**AMSER CINIO - POB DYDD LLUN
NEUADD CHWARAEON**

BL8 + BL9 = 12.35pm tan 12.55pm (OWT)

BL7 = 12.55pm tan 1.20pm (JDH)

Dewch a threineru addas i wisgo am y sesiwn.



Basketball Training Years 7•8•9

**LUNCH TIME – EVERY MONDAY
SPORTS HALL**

YR8 + YR9 = 12.35pm until 12.55pm (OWT)

YR 7 = 12.55pm tan 1.20pm (JDH)

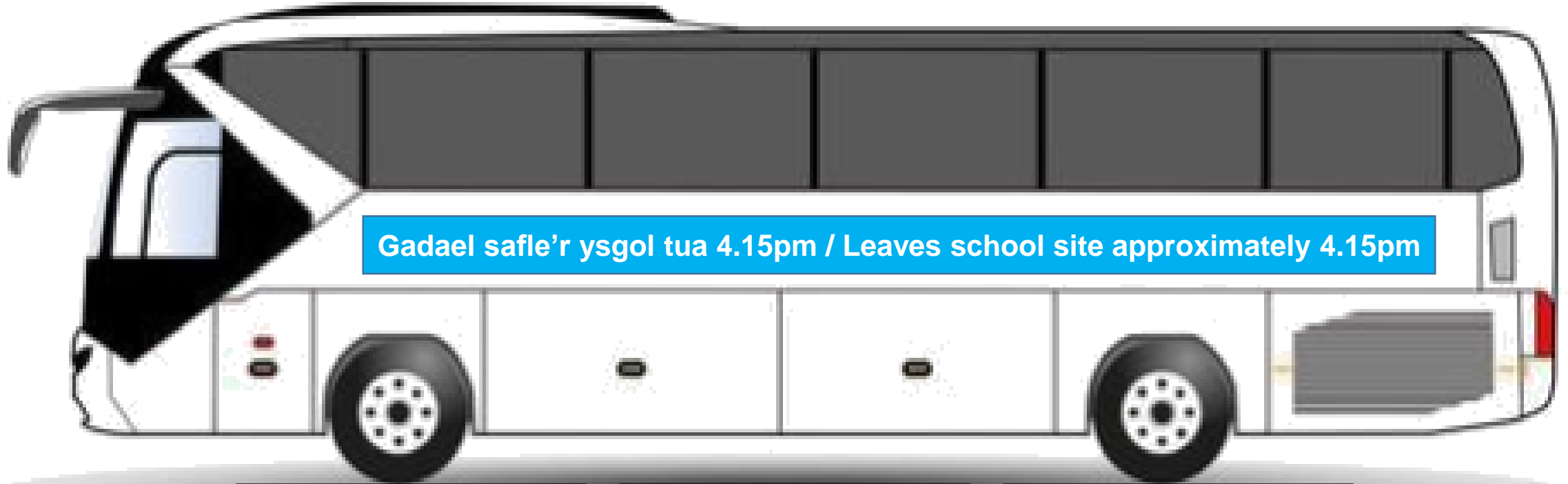
Bring suitable trainers to wear for the session.



**Sesiynau hyfforddi o dan arweiniad GETHIN BAYLISS BL12 (Chwaraewr Pêl-Fasged Cymru) a'r adran Add Gorff.
Sessions under the guidance of GETHIN BAYLISS Yr12 (Welsh Basketball Player) and the PE department.**



BWS HWYR / LATE BUS



Arwyddo lan ar
daflenni'r
hysbysfwrdd ar
bwys y ffreutur

DYDD LLUN / MONDAY:
**MAESTEG
NANTYFFYLLON
CAERAU**

DYDD LLUN / MONDAY:
**SHWT
BETTWS
PONTYCYMER
WILDMILL
BRACKLA**

DYDD MERCHER / WEDNESDAY:
**TONDU
ABERKENFIG
PYLE
CORNELLY
PORTHCAWL**

Sign up through
the sheets on
the notice
board by the
canteen