







WYTHNOS SGILIAU / CHALLENGES WEEK [YSGOL GYFAN / WHOLE SCHOOL]	DYDD LLUN [MONDAY] 24.06.2024	DYDD MAWRTH [TUESDAY] 25.06.24	DYDD MERCHER [WEDNESDAY] 26.06.2024	DYDD IAU [THURSDAY] 27.06.2024	DYDD GWENER [FRIDAY] 28.06.2024
<p><b>GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN)</b></p> <p>EXTRA-CURRICULAR ACTIVITIES DURING THE DAY (YELLOW)</p>	<p><b>CLWB CINIO YR URDD URDD Lunchtime Club</b> Neuadd Chwaraeon/Sports Hall</p>  <p><b>PEL-FASGED / BASKETBALL</b> Wythnos/Week C = BL9 yn unig</p>	<p><b>CLWB CINIO YR URDD URDD Lunchtime Club</b> Neuadd Chwaraeon/Sports Hall</p>  <p><b>PEL-FOLI / VOLLEYBALL</b> Wythnos/Week C = BL9 yn unig</p>	<p><b>CLWB CINIO YR URDD URDD Lunchtime Club</b> Neuadd Chwaraeon/Sports Hall</p>  <p><b>PEL-DROED / FOOTBALL</b> Wythnos/Week C = BL9 yn unig</p>	<p><b>TAITH CERDDED BLWYDDYN 8 i bentref LLANGYNWYD</b> (Yn ystod oriau Ysgol)</p> <p>-----</p> <p><b>YEAR 8 WALKING TOUR to LLANGYNWYD village</b> (During school hours)</p>	
<p><b>CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD)</b></p> <p><b>LUNCH TIME PE DEPARTMENT CLUBS (GREEN)</b></p>	<p><b>SESIYNAU PARATOI</b> MABOLGAMPAU BLWYDDYN 7 + 9 (Angen cit!)</p>  <p><b>YEARS 7 + 10 SPORTS DAY PREPARATION SESSIONS</b> (Kit required!)</p>	<p><b>SESIYNAU PARATOI</b> MABOLGAMPAU BLWYDDYN 8 (Angen cit!)</p>  <p><b>YEAR 8 SPORTS DAY PREPARATION SESSIONS</b> (Kit required!)</p>	<p><b>SESIYNAU PARATOI</b> MABOLGAMPAU BLWYDDYN 7 + 9 (Angen cit!)</p>  <p><b>YEARS 7 + 9 SPORTS DAY PREPARATION SESSIONS</b> (Kit required!)</p>		
<p><b>CLYBIAU AR ÔL YSGOL (GWYN)</b> <b>3.00pm</b></p> <p>-</p> <p><b>4.15pm</b> <b>AFTER SCHOOL CLUBS (WHITE)</b></p> <p>-----</p> <p>Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau.</p> <p>-----</p> <p>Information sheets to be handed out with specific details for games.</p> <p>-----</p>	<p><b>YMARFER ATHLETAU BL9+BL10</b> (Timoedd Cwpan Cymru)</p>	<p><b>CYSTADLEUAETH ATHLETAU CWpan NASUWT</b> YSGOLION CYMOEDD MORGANNWG <b>TŷM MERCHED BL9/10</b> <b>TŷM BECHGYN BL9/10</b> [ROWND TERFYNOL Y DALGYLCH] Cwrdd yn y Neuadd Ysgol am 8.30am <b>Trac Athletau ABERDAR</b> Nol ar ol y bysiau diwedd y dydd</p> <p><b>GLAMORGAN VALLEYS SCHOOLS NASUWT CUP</b></p> <p><b>ATHLETICS COMPETITION</b> <b>YR9/10 GIRLS TEAM</b> <b>YR9/10 BOYS TEAM</b> [REGIONAL FINALS ROUND] Meet in school hall at 8.30am <b>ABERDARE Athletics Track</b> Return after the end of day buses</p> <p><b>STAFF: MR HUGHES + MISS REYNOLDS</b></p>	<p><b>CLWB ATHLETAU</b> GWEITHGAREDDAU DEWISOL O: GWIBIO / SBRINTIO RHEDEG PELLTER CANOL-HIR CAMPAU TAFLU CAMPAU NEIDIO [Agored i bob flwyddyn a phob dysgwr sy'n dymuno]</p> <p><b>ATHLETICS CLUB</b> CHOICE OF ACTIVITIES FROM: SPRINTING MIDDLE-LONG DISTANCE RUNNING THROWING EVENTS JUMPING EVENTS [Open to all year groups and all learners who wish to attend]</p> <p><b>STAFF: MISS JAMES, MISS REYNOLDS, MISS FAHEY-PENNELL, MR HUGHES, MR TUDUR, + MR MORRIS</b></p>		
	<p><b>ATHLETICS PRACTICE YR9 + YR10</b> (Welsh Cup Teams)</p> <p>STAFF: MR HUGHES, MISS JAMES, MISS REYNOLDS, MISS FAHEY-PENNELL</p>	<p><b>DIM CLYBIAU GYMNASTEG + BADMINTON AR ÔL YSGOL</b></p> <p>-----</p> <p><b>NO AFTERSCHOOL GYMNASTICS + BADMINTON CLUBS</b></p>			
	<p><b>CLWB CRICED (CAE AML DYWYDD)</b> Agored i bob flwyddyn</p>	<p><b>CRICKET CLUB (ASTROTURF)</b> Open to all year groups</p> <p><b>STAFF: MR TUDUR</b></p>			